

NEWSLETTER

Term 4 Issue 8, 28th November 2024



COLOUR RUN

Tomorrow, Friday 29th November

Our fabulous Colour Run Fundraising event is tomorrow. Please prepare your child for the day having them **come to school in a white T-Shirt** ready to be showered with colour. Students are encouraged to wear casual clothes (which may get stained with colour) with a white or light coloured t-shirt. Students who come to school in school uniform will not be able to participate in the colour run. This will be another amazing community event with parents able to come along and be a part of all the fun on the day.



Diary Dates



NOVEMBER

Friday 29th November
Colour Explosion Fun Run
12pm - 1.40pm

DECEMBER

Friday 6th December
2025 Year 6 Top Orders Due

Assembly in the MPC at 2.30pm
Items by P8 & P9
and J3, J6 & J7
All Welcome

Tuesday 10th December
Year 7 2025 Secondary School
Transition Day

Whole School Transition

Thursday 12th December
Last day of Canteen for 2024

Year 6 Graduation
5.30 - 8.30pm in the MPC

Tuesday 17th December
Year 6 Graduation Excursion
Gumbuya World

Thursday 19th December
Assembly in the MPC at 2.30pm
Item by the Band
All Welcome

Friday 20th December
Last Day of Term 4
1.15pm Finish



2025 Curriculum Contribution (Booklist)

Information will be sent home via Compass advising families of Coral Park Primary School's voluntary financial contributions for 2025 and outlining the Parent Payments Policy as well as detailing the costs associated with classroom consumables, materials & equipment and online subscriptions.

Coral Park Primary School does not charge compulsory fees and relies on the generous contributions of families to be able to purchase resources to enhance our student curriculum and improve our great school.

We will asking families to make a contribution of \$100 per child.

Payments will be made via Compass with more information coming out soon.



Year 6 Tops

Each year, Year 6 students have the opportunity to order a Year 6 Coral Park polo shirt and/or hoodie to celebrate their final year in primary school. Order forms have been sent home with all Year 5 students. There will only be one chance to place an order and all order forms and payments must be returned to school by Friday 6th December.

Year 6 Graduation Excursion



Year 6 students are looking forward to their Graduation excursion to Gumbuya World on 17th December. Please make sure permission forms are returned ASAP so arrangements can be made.

Headlice



'Once a week, take a peek'... Please remember to check your child's hair regularly for headlice and treat if necessary. Regular checks and informing the school if your child has headlice helps minimise the problem of headlice at school.



September to May

No Hat No Play



Remember your hat and water bottle each day.

Coral Park school hats are available from the office.

Coral Park Primary is a SunSmart school and is committed to ensuring our students and staff are protected from the harsh effects of the sun during the warmer months of September to May. **School hats need to be worn for all outside activities** to ensure protection from UV rays and **water bottles** need to be used to make sure students remain hydrated and ready to learn.



Prep 2025 Parent Information Session

Tuesday 10th December
9.15–11.15am in the Library



Parents of 2025 Prep students are encouraged to come along to learn about their child's start to school.

Representatives from our school uniform supplier and Before and After School Care service will be available to provide information and answer questions and school staff will explain how to make your child's introduction to Prep as smooth and enjoyable as possible.

You can learn about some of our school routines, expectations and opportunities and will have the opportunity to ask any questions you have.



M12's Persuasive Writing

In M12, students have been diving into the world of persuasive writing. Persuasive writing is about more than just convincing others; it's about developing a well-structured argument, using evidence to support claims, and appealing to both logic and emotion. It teaches students how to think critically, consider multiple perspectives, and communicate ideas effectively.

Our students are learning how to write a persuasive piece which is designed to influence their reader's opinion. Students were required to think about their position on the statement 'everyone should learn to cook' and develop arguments for and against. Many students included emotive language and persuasive devices such as rhetorical questions.

Check out some of our examples!

Everyone should learn how to cook
by Noah burhan

Did you know that you can spend less money buying ingredients for a meal than buying overpriced food from reustraunts? I strongly belive that everyone should learn how to cook. Cooking allows you to to eat healthier, spend less, and have fun!

Firstly, cooking allows you to be healthier. If you go to McDonalds or other reustraunts they make fast food wich is very bad for you. If you cook at home you can buy fresh ingredients to make a healthy meal. Other reustraunts can use bad ingredients to make it taste good because sometimes delicious things can be bad for you and sometimes bad tasting things can be good for you.

Secendly, cooking is a great way to hang out with friends or family. You could have a food party, you could have a food competition, or you could just have a normal meal with a friend or any one else. While you are cooking you can chat with your friend or family member while you cook to keep you intertained. Or maybe you could talk to them on the phone while you cook when you have no one around. There is many other ways you can hang out with a friend or family member while you cook.

Finally, foods from reustraunts can be overpriced. You can get one skewer of kabab for ten dollers! Very expensive. Outside foods can be the total of hundreds of dollers! Its better if you buy fresh ingrediantis from super markets.

In conclusion, it is my opinion that everyone should learn how to cook. Did you know that you can spend less money buying fresh ingredients than buying food in reustraunts? Cooking alows you to be healthier than outside food. Cooking is also a great way to hang out with friends or family, you could have a cooking competition! Reustraunts can also be extremely overpriced. A total of food can cost you hundreds of dollers! I strongly belive that everyone should learn how to cook! If we do we can all be healthy, have more time with friends or family, and pay less!

Everyone Should Learn to Cook

Have you ever tried to cook your own meals? I strongly believe that everybody should learn to cook because it is an important life skill. Cooking allows us to be more mature, be healthy and you could give your parents a break!!!!!!!

Firstly, everyone should learn to cook because you need to eat healthier!! The easiest, healthiest dish to make is salad!! Have you ever tried to make salad? and if not you should try it because the healthier you eat the stronger you get!!

Secondly, everyone should learn to cook because cooking is an really important life skill and you can also learn the mathamatics, which is super important!! It appears that cooking is important (because you need food to survive)!! Now all this evidence demonstrates that cooking is really, really important.

Lastly, everyone should learn to cook because you can create new life memories with your family and friends!! Making life memories is important because it helps you spend more time with your family!! So make life memories and don't forget family pizza night.

In conclusion, everyone should learn to cook because of these 3 reasons; one because you have to be healthy, two because cooking is an important life skill and, last because you can make life memories.



Everyone Should Learn to Cook

Annie

Do you want learn to cook? I think that cooking is important and you can also enjoy it too. Cooking allows us save more money, learning a life skill and have fun with your family too!

Everyone knows that to be alive, you needs to eat, and the best way is to cook. For the reason, you have to cook is because you can enjoy it by making something out of nothing (it helps you to calm down too). It is also because you can help around the house. Isn't it amazing that if you can cook so you don't have to go outside and eat the unhealthy foods?

Have you ever try to cook by yourself? In fact, cooking by yourself is actually cheaper then when you eat outside. Besides, you can get all the vitamins by cooking by yourself too! Also do you know that you can become a chef someday if you keep trying?

Are you very responsible? I strongly believe that cooking makes you way more responsible! I think that is because if you are not responsible with the knife you might hurt yourself. But don't worry, if you keep trying you will make it better and better. As you can see, cooking is not that hard, only if you keep trying and it will makes you more responsible.

In conclusion, in my opinion cooking aways makes me and my family happy. This is important that you learn to cook because you get more healthier, responsible, save more money and spend more time with your family. Have you

even try to cook? If you haven't, go cook now! You won't regret it.

Annie

Everyone should learn how to cook Mehran

Did you know that it is fun to cook because it is a great skill and it is so fun like you can bake stuff like cookies, muffins and cake imagine how fun it would be baking all of those stuff with friends. It is very healthy and it is saving money if you go to fast food to much you will get diabetes and you would not be aloud to eat any fast food so that why you should learn how to cook.

Firstly, you should learn how to cook because it is a great skill to learn. And it will help you not starve till your mum cooks as an example what would you do if you were stranded with a burger but it is not cooked what would you do? Not eat and stave or learn to cook and cook it so you do not starve and a possible chance to die so you should learn how to cook and it is a great amazing skill.

Second, did you know if you dont learn how to cook you have to go out and waste money everyday like if you go to mcdonalds and it is about 30 dollers and 7 days of going mcdonaldos is wasting about 210 dollers and if you just cook at home you will save more then 85 dollers from going to mcdonalds. Visitors might come amd thye will check the fridge full of kfc amd mcdonalds they will say eww no i am leaving what are you going to doo just stamd there so you should cook at home instead of going out so LEARN HOW TO COOK!!

Finally, Have you every thought of how fun it would be if you just cook at home and just cook with friends. Imagine having a pizza night everybody make there own kind of pizzas cheese, chicken, ham, pineapple and more so instead of going out go make some pizza make ur mum proud and ur dad go get a job and open a restreat to you should learn how to cook

In Conclusion there are no doubt that you should learn how to cook. This will help you to save money, it is a great skill, and it is easier to be heithier then junk food. So dont you think you should learn how to cook you will not regret it.

Everyone Should Learn How to Cook

kinza

Did you know that cooking is a life skill? I strongly believe that everyone should learn how to cook because it helps you to learn mathamathic (e.g. One cup of flour.) It also helps with saving money because restarnts are more expence. It's also a fun experience.

Firstly, everyone should learn cook because you can cook when your parents go out so you can cook for yourself so you don't starve. It also helps with your diet because all the veggies and the protien you coook inside your meal when you cook it. How nice it would be if you kids can cook for you?

Secondly, everyone should learn how to cook because it's a life skill. You also cook for anyone how didn't know how to cook, you also can teach them. If you burn your food it's okay and cooking teaches determination. Did you know that cooking teaches responsibilities?

Finally, everyone should learn how to cook because it's the best time to spend time with friends and family. Think to your self what if you or your sibbling can cook on there own without you making them food? You can also cook anything

you want and you can you don't have to eat something you don't like.

In conclusion, everyone should learn how to cook because it is a fun way to experiment with food. It's also healthy because all the vebegetable and protien and it's really good for kids. It's also a life skill too, you can have more time with family too, you can also become a wonderful chef. Cooking is the best!!!!!!!!!!!!

Everyone should learn how to cook.

I strongly believe everyone should learn how to cook. This is because lots of people really like to cook and enjoy it and its fun. It could be less work for your parents or the person who looks after you. Also, it saves less money for you to not spend money on take away.

Firstly, I think that everyone should learn how to cook because it helps a lot of people to stay healthy. You can help, your parents or people who look after you consider that, your helping save lots and lots of money to help them. Its also helping you by staying healthy as well.

Secondly, Learning to cook in the future can also help you earn money, in the future. Wouldn't you want your kids to cook for you? It will teach you new recipies, like lasange, pizza, and spaghetti and maybe other fascinating dishes.

Finally, Wouldnt you want spend more time with your family? Everyone should learn to cook so you can spend to more time with your friends, family, and cousins. Maybe you are having a party celebrating by making your own pizza with everyone else.

In conclusion, it is clear that everyone should learn how to cook because you can experience new ways of cooking, save more money for you and your parents. And spending more time with your friends and family, so thats why everyone should learn how to cook! Don't you think that everyone should learn how to cook or not? So learn how to cook today.

By Malia



Everybody should learn to cook

Mostafa

How amazing would it be to cook your favourite meals anytime you want? I believe that everybody should learn to cook. Cooking is a fun, good skill, you can also cook anything you want like, pizza, soup, stew, ice cream, buttered chicken, curry, kebab, noodles and so much more. Cooking makes you very relaxed, and relief, you are so relaxed that it feels like you are hallucinated.

Everyone should learn to cook because it saves tonnes of money. Cooking makes you healthier and if you want to go to the gym or anything you can make foods that has much more protein, and the best part of protein, is when you go to the gym you get bigger guns for the road rages, they will 100% get scared. Cooking makes you avoid unhealthy ingredients. Cooking is basically 50% off because it is much cheaper and maybe more delicious.

Cooking is amazing because you can cook anything you want at any time. Don't you want to eat good and delicious food anytime you are dead starving? Cooking is great because you can cook your favourite meals like pizza, chicken and way more foods that are in restaurants. How would you feel eating delicious foods anytime your stomach tells you to eat? Don't you crave for buttered chicken or fried chicken whenever your hungry?

Everyone should learn to cook because it is a survival skill everyone should know before they are like 20 or 25 years old. How would you feel eating leaves everyday in the forests if you are lost or if you are in a survival situation? Cooking is great because you could maybe be in competitions or in tv for money.

Don't you want to learn a fun and amazing skill? If there was no cooking I bet you'd be depressed or life would obviously be a disgrace.

In conclusion I believe everyone should learn to cook. This is obvious because you can learn the best and the most useful skill, cooking makes eating foods much easier because it's healthier and basically ten times cheaper, and cooking is fabulous because you can cook whatever you want, "except metal." So if you want big guns to win in a road rage, "LEARN TO COOK!" you won't regret it, do you want to have the best life ever and make your friends jealous? 98% of my class agrees so you should too, cooking is the best thing in life!

Everyone Should Learn How To Cook! Sakina

Have you ever realised how fun cooking is? Cooking is a fun life skill everyone should learn how to it. Cooking allows us to save more money in many different ways. Wouldn't you want to open up your own restaurant?

We must realise that cooking saves money instead of always buying fast food. What is the point of buying groceries from the supermarket if you don't know how to cook! Cooking is way more healthy then buying junk food all the time. It also helps you escape from daily things from home or school. Cooking helps to relieve stress in your body, it also helps to calm you down. Wouldn't you want your kids to cook for you?

How could anybody support only one type of gender has to cook all the time. Men in the olden days would tell only women to cook for them or someone. In 2024 still some men tell only women should cook but I think it is fair for everyone to cook. People probably still says women should cook because they are too lazy, even some women these days tell the men to only cook, but why can't everyone cook and take turns? How would you feel if only you should cook for everyone all the time?

Not only should we all cook, we must! Mathematics is everywhere even in cooking! If your a kid you should at least learn how to cook! For example if you get left at home but your parents can't get home because of something happened what will you do then when they can't get home to cook? Children can learn important mathematics skills through cooking, such as fractions in a recipe.

In conclusion, we should all learn how to cook because it helps us learn more about mathematics, like for example you could learn how to do temperature, capacity, measuring, fractions and many more. If you were broke but couldn't buy fast food or cheap snacks but didn't know how to cook what are you supposed to eat? Cooking can save in many ways like instead of buying fast food buy food from the supermarket it lasts

for about a week but fast food only lasts for one meal. Cooking is a fun experience and lets you spend more time with your family. It also helps relieve stress in your body. I hope that I convinced you enough to cook!
By Sakina



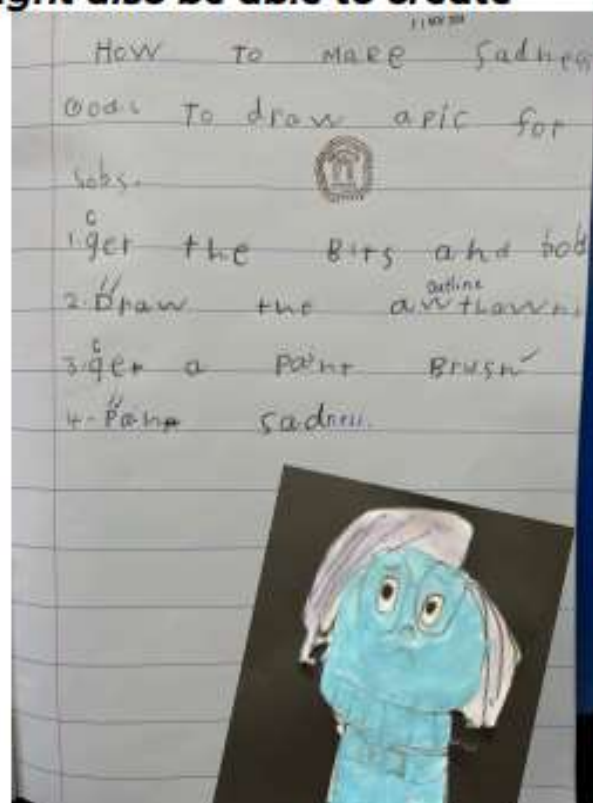
Tackling Temperature in M12

Understanding temperature is an essential skill for students as it helps them to understand how to stay safe and comfortable in different weather conditions. It affects everything around us—from the clothes we wear to the activities we do. One key aspect of learning about temperature is knowing how to read a thermometer, which allows children to measure the warmth or coldness of their surroundings and track changes in the weather. Our grade 4's in M12 have become experts at estimating temperature and reading a thermometer. They took the grade 3's in M12 on a temperature hunt. Students were required to estimate the temperature of different environments, such as the classroom, outside, near a heater, tap water etc and then check the actual reading on a thermometer .



writing in P8!

During Writing Workshop sessions, we have been focusing on drafting procedures. We have learnt what a procedure is (A How to) and what is included in a procedure. This week, our 'Word of the Week' was 'Sobs' as we have been learning about the suffix -s in verbs. As part of our languages experience we followed steps to draw the character 'Sadness' from the movie 'Inside Out' as she sobs a lot. Enjoy reading our procedures and if you follow them carefully you might also be able to create your own 'Sadness'.



How to make Sadness
 Goal to draw a pic for sobs
 1. Get the bus and pop
 2. Draw the ^{outline} ~~outline~~
 3. Get a top ~~top~~
 (Don't know!)



How to Make Sadness
 Goal to draw a picture
 for sobs like this and
 like!
 2. Draw the next line
 3. Cut the paper out!



How to Make Sadness
 Goal to draw a pic for
 sobs!
 1. Get the bus and pop
 2. Draw the ~~outline~~ ^{outline}
 3.
 4.

How To Make Sadness
 GOAL: To draw a picture
 for sobs!
 1. Get the bus and
 pop!
 2. Draw the ~~outline~~ ^{outline}
 3. Cut the paper out!



How to Make Sadness
 GOAL TO draw a picture
 for sobs!
 1. Get the bus and pop
 2. Draw the ^{outline} ~~outline~~





Our SWPBS Captains Maryam and Indigo spoke to some students who completed their behaviour charts this week and asked them about filling their charts...

What colour chart did you choose? <i>Yellow Chart</i>	Why did you choose this chart? <i>So I can get an icy pole</i>
name: <i>Ali R</i> class: <i>J4</i>	
What are a few things that you did to earn the stickers? <i>I did a good job with my reading</i>	What reward did you choose? <i>Free icy pole</i>



What colour chart did you choose? <i>Yellow Chart</i>	Why did you choose this chart? <i>Because it is bigger and more challenging to fill</i>
name: <i>River</i> class: <i>J3</i>	
What are a few things that you did to earn the stickers? <i>I was respectful and I finished my work</i>	What reward did you choose? <i>Free icy pole</i>





What colour chart did you choose?

Green Chart

Why did you choose this chart?

Because it was easy to finish

name: *Vinumi*
class: *J4*

What are a few things that you did to earn the stickers?

I did a good job in writing

What reward did you choose?

To be the teacher's assistant

What colour chart did you choose?

Yellow Chart

Why did you choose this chart?

So I could get an icy pole for me and a friend

name: *Gj*
class: *J4*



What are a few things that you did to earn the stickers?

I did a good job in reading, writing & maths

What reward did you choose?

A free icy pole for me and a friend

Respectful



We are quiet.
We leave work displays on the walls
We hold the door open for others.

TRANSITIONS

Responsible



We walk.
We stay together.
We walk our scooter or bike

Determined

We stay with our partner.
We look where we are going.
We stay in designated areas.



Resilient

We wait at the door for teacher directions.
We join at the back of the line.
We stay in our place in the line



What colour chart did you choose?

Yellow Chart

Why did you choose this chart?

Because it has the best rewards

name: *Josie*

class: *S18*



What are a few things that you did to earn the stickers?

I was respectful and said "please" and "thank you"

What reward did you choose?

To be the teacher for a session

What colour chart did you choose?

Orange Chart

Why did you choose this chart?

Because I liked the rewards

name: *Toby*

class: *S18*



What are a few things that you did to earn the stickers?

I displayed the school values and had good behaviour

What reward did you choose?

15 minutes on a device

SCHOOL WIDE POSITIVE BEHAVIOUR SUPPORT

Congratulations to the following students who have demonstrated our school values and completed their reward charts...

Ali P5

Hania J6

Shafiyah M10

Benjamin P5

Anaya J6

Jacob J1

Kashvi J1

Harper J1

Roland M11

Cody P5

Kingston J6

Abiha J1



2024

Year 6 Graduation

Preparations are well under way for our Year 6 Graduation celebrations. Students are looking forward to their excursion to Gumbuya World and are eagerly awaiting their Graduation Ceremony, which will take place on Thursday 12th December.



Thank you to the generous support of GrassSports, Ducted, PG Hunt Electrical Services, Rosemount Kitchens, Leafy Green, LJ Hooker Casey, SCG Civil and Kookaburra who kindly donated scholarship money for our year 6 graduation. Your generous donations are most appreciated and our students are sure to appreciate your generosity...

School Saving Bonus \$400 Information



The Victorian Government is delivering the School Saving Bonus – a one-off \$400 support for government school students from Prep to Year 12 in 2025.

From Tuesday 26 November 2024, you will receive an email from the Department of Education with your unique \$400 School Saving Bonus code.

The School Saving Bonus will help families cover the cost of uniforms, textbooks, excursions, activities and more.

If you have multiple children enrolled in Victorian government schools for 2025, you will receive one School Saving Bonus code email per child. These emails might arrive on different days. Please make sure to check your spam/junk email folder.

Parents and carers can use the School Saving Bonus code in store at school-nominated suppliers. Parents and carers can also choose to access the School Saving Bonus online system, where they can allocate part or all the \$400 bonus to use at school nominated-online suppliers or for school activities. To learn more about the School Saving Bonus, visit School Saving Bonus | vic.gov.au (www.vic.gov.au). A step-by-step user guide will be available on the webpage on 26 November.

If you have not received your School Saving Bonus code via email by tomorrow, Friday 29 November, please contact the Department of Education by emailing school.saving.bonus@education.vic.gov.au

You can read more about the School Saving Bonus on the [Department of Education website](#), with key information now available in 14 different languages.



SCHOOL CROSSING

LAURA DRIVE, HAMPTON PARK



Removal of Supervisors

The City of Casey regularly reviews its school crossing service to identify improvement opportunities to benefit Casey's growing community. While the crossings are operated by Council, the rules around how they operate are set by the *Road Safety Act (1986)* and apply to all crossings across the State.

Under the State Government's School Crossing Subsidy Program, and to meet the VicRoads standards for the management of a school crossing, more than 20 primary school children must use a crossing during both the morning and afternoon times for it to qualify as a designated crossing site.

Council assesses each crossing to track the average number of people that use it, identify those that are rarely used or where there are alternative road safety measures already in place, and consider areas where more resources need to be directed.

Consideration is given to the changing needs of the community and changed pedestrian patterns, traffic flow, speed limits and advancements in road and vehicle technology.

The following criteria must be met to qualify as a designated supervised school crossing site under the *Road Safety Act (1986)*:

- School crossings for primary school children – the number of children (minimum 20) multiplied by the number of vehicles in the hour (minimum 100) must exceed 5,000.
- School crossings for secondary school children – the number of children (minimum 20) multiplied by the number of vehicles in the hour (minimum 250) must exceed 25,000.
- Pedestrian operated signals (Including the pedestrian crossings at signalized intersections) – more than 20 primary school children per hour.
- Other crossings – where the Council determines a need for supervision on account of special needs or other factors affecting safety.

A review of the school crossing on Laura Drive, Hampton Park, showed that it does not meet the VicRoads criteria to retain a supervisor at this location. Given the very low pedestrian numbers using this crossing, Council has made the decision to remove the crossing at this location, effective from the end of Term 4, 2024.

The School Crossings Education team, who manages the Safe Around Schools Program, has a range of educational information that can be located at <https://www.casey.vic.gov.au/safe-around-schools>.

Contact the City of Casey:

Web: casey.vic.gov.au
Email: caseycc@casey.vic.gov.au
Phone: 03 9705 5200
Post: PO Box 1000, Narre Warren VIC 3805
NRS: 133 677 (for the deaf, hearing or speech impaired)

Customer Service Centres:

Narre Warren: Bunjil Place, Patrick Northeast Drive, Narre Warren
Cranbourne: Cranbourne Park Shopping Centre, Cranbourne
ABN: 43 320 295 742



SAFE AROUND SCHOOLS



**Active November maybe over ... but keep going!
Continue your active travel journey to and from school.**

Our promotion of **Active November** maybe ending this week, however your active travel journey to and from school is only just starting!

Keep up the good work and continue to **walk, ride, scoot** to school, especially during these warmer months.

Remember - **Part way is OK!** If the walk to/from school from your home is too far, you can arrange to meet at a nearby park/reserve.

Catch up with you friends before school and meet at a central point to walk/ride/scoot together. This is not only great exercise but the connection with your friends strengthens.

- ✓ Increase physical activity
- ✓ Build confidence and life skills
- ✓ Increase academic performance
- ✓ Connect with family, friends & neighbours
- ✓ Contribute to a healthier environment



Take a couple of minutes to watch our new Active Travel Animation to see how you can incorporate Active Travel into your week: [Active Travel - Reduce your car trips to school](#)

Contact the City of Casey:

Web: www.casey.vic.gov.au/safe-around-schools

Email: Safearoundschools@casey.vic.gov.au

Phone: 03 9705 5200

Post: PO Box 1000, Narre Warren VIC 3905

NRS: 133 677 (for the deaf, hearing or speech impaired)

Customer Service Centres:

Narre Warren: Bunjil Place, Patrick Northeast Drive

Cranbourne: Cranbourne Park Shopping Centre

ABN: 43 320 295 742



TIS: 131450 (Translating and Interpreting Service) المترجم الفوري 131450 مترجم ناشئ 131450 131450

CASEY.VIC.GOV.AU



Bicycle and Scooter Safety

Helmets can reduce head injury by 74%

When should my child wear a helmet?

Children should always wear a helmet when using tricycles, bicycles, scooters, when travelling as a passenger on an adult's bike, in a bike trailer, or when using any other wheeled item.



Police can stop bike and scooter riders and issue a fine or a warning for not wearing an approved bicycle helmet.

All bike & scooter riders are required to wear a bike helmet in Victoria.

On roads, footpaths, bike paths, bike lanes and carparks.



Images from Bicycle Network & online. Content courtesy of VicRoads



Bicycle Safety – Preparing to ride



- ✓ Wear a helmet
- ✓ Wear bright clothes
- ✓ Wear good shoes
- ✓ Check your bike first
- ✓ Have a safe riding attitude





The Centre for Positive Behaviour Support

The Centre for Positive Behaviour Support (CPBS) is a leading provider of Positive Behaviour Support Services throughout Australia. CPBS specialises in a person-centred approach, giving the focus person and their families holistic support.

Our support services are based on a framework called Multi-Element Behaviour Support (MEBS), which helps our clinical teams create powerhouse programs that enhance the learning and development of the people we support.

At CPBS, we look past the behaviour of concern and design programs that develop the individual's strengths, build support networks and make strong, lasting relationships to increase the quality of lives of the individuals we serve.

Specialized Support Areas:

- ✓ Communication & Social Training
- ✓ Skill Acquisition
- ✓ Family Support
- ✓ Assessment & Behaviour Support Plan Development
- ✓ Support Worker and/or Stakeholder Training
- ✓ Self Injurious Behaviours
- ✓ Aggressive Behaviours

ACCESS REFERRAL FORM



Regions We Service:

Melbourne | Geelong | Adelaide | Barossa | Canberra
Brisbane | Gold Coast | Fraser Coast | Sydney | Illawarra
MNC NSW | South Coast NSW | FNC NSW | Regional VIC

cpbs.com.au | 1800 800 560 | hello@cpbs.com.au



CPBS Psychology Services

CPBS Psychology Services' mission is to provide timely and affordable services for a wide range of mental health concerns, using evidence-based practice, to referred clients. As a person-centred organisation, we support individuals seeking psychology services through both the National Disability Insurance Scheme (NDIS) and Medicare Better Access Initiative.

CPBS Psychology provides both clinical assessment and treatment, engaging with children, adolescents, adults and families presenting with emotional, mental or behavioural concerns. Our service also has a specific focus towards supporting individuals with neuro-developmental disorders, intellectual and psychosocial disabilities.

Our team of highly trained and experienced Psychologists helps individuals who may be experiencing:

- Anxiety
- Depression
- Stress
- Grief and Loss
- Social and Emotional Difficulties
- Other Complex Mental Health concerns.



We provide assessment, treatment and intervention services using a variety of therapeutic approaches:

- Mindfulness
- Cognitive Behaviour Therapy (CBT)
- Dialectical Behaviour Therapy (DBT)
- Acceptance-Commitment Therapy (ACT)
- Motivational Interviewing (MI)
- Play Therapy & Solution-Focused Brief Therapy (SFBT)
- Multi-Element Behaviour Support (MEBS)

GET IN TOUCH!

For referrals or more information contact us at
1800 800 560 or
hello@cpbs.com.au



cpbs.com.au

Santa is here!
ho ho ho

14TH DEC

HAMPTON PARK FIRE BRIGADE PROUDLY PRESENTS

SANTA WITH FIRE TRUCK

LOCATIONS -

- KM REEDY RESERVE - 1PM
- CAIRNS RD RESERVE - 1:30PM
- BANJO PATTERSON PARK - 2PM
- MARRIOTT WATERS RESERVE - 2:45PM

SAFE AROUND SCHOOLS

Getting children to school safely is everyone's job.

Tips for Walking to School

- Plan a safe route to school from your home.
- At every road crossing practice Stop, Look, Listen & Think before you cross the road.
- Discuss road rules in simple terms.
- Teach your children road safety and navigation skills by riding or walking around your neighbourhood.
- Find some walking buddies.
- Chat with other families about setting up buddy groups of younger and older children who can walk together.

Safely crossing the road

To help keep your children safe around roads, teach them how to follow STOP, LOCK, LISTEN and THINK.

- STOP one step back from the kerb.
- LOOK in all directions for approaching traffic.
- LISTEN for traffic approaching from in all directions.
- THINK about whether it is safe to cross the road - when the road is clear or all traffic has stopped. When crossing, walk straight across the road. Keep LOOKING and LISTENING for traffic while crossing. Walk bikes and scooters across the road.

When choosing the best place to cross a road, teach your children they should:

- Use a pedestrian or zebra crossing if there is one nearby.
- Find a place where there is a clear view of traffic coming from all directions and where drivers can see you.

Contact the City of Casey:

Web: www.casey.vic.gov.au/casey-tourism
Email: Sehara@Casey@Casey.vic.gov.au
Phone: 03 8755 5200
Post: PO Box 6388, Neerim Street, VIC 3802
MS: 33 67 (for the deaf, hearing or speech impaired)

Customer Service Centre:
Neerim Warren: Bujif Place, Patrick Memorial Drive
Conifer Park Shopping Centre
AHL: 41 320 285 742

18 1849 (hearing and hearing impaired) 1800 762 633 (hearing and hearing impaired)

CASEY.VIC.GOV.AU