NEWSLETTER Term 1 Issue 4, 22nd February 2024

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Phone 9702 8398

Thank you – Getting to Know You Interviews

Thank you to all the parents and caregivers who took the time to come to our Getting to Know You interviews on Tuesday night. It is fabulous to see you taking an interest in your child's education. To those who thanked their teacher for all the hard work they do, thank you. Teaching is an extremely important job and we really appreciate the help and support you give us on a daily basis.





Thank you to our OSHClub who provided the coffee man and some delicious treats for our interviews and family night. If your child needs before or afterschool care, please use our OSHClub service. It is a fantastic way for your children to meet new friends and have a little bit of fun at either end of the day. It is a fantastic program run by Liz Huggins.

Attendance

Attendance at school is compulsory unless your child is sick or attending a medical appointment. Please ensure that your child attends school and is on time. The school day begins at 8:45am with learning beginning at 9am. Please help us to support your child get the best possible education they can by coming to school and being on time each and every day.

Road Safety

Please note that the parking bays just outside Gate 1 at the school are for stopping to drop your child off and then move on. A number of parents have not been parking in a designated parking bay. The council often attends the school and will fine any parent or caregiver who is breaking the road rules and not obeying the signs.

Sun Smart /Hats

A reminder that Coral Park is a Sun Smart school and as such it is compulsory for all students to wear a hat to participate in outdoor activities. This includes PE, recess and lunchtime. Any student who does not wear their hat in the yard will be sent indoors. Skin cancer is a major health issue within Australia due the

nature of the harshness of the Ultra - Violet rays we are exposed to. Wearing of hats is important to help protect your children from the harmful nature of these UV rays. School hats are available at the office for \$10.



Enjoy Life! Justin Blake-Thompson Principal



Diary Dates



FEBRUARY

Friday 23rd February
Assembly in the MPC at 2.30pm
Item by the Band - All Welcome



MARCH

Friday 1st March
CSEF Application Forms Due

Wednesday 6th March Senior Sports Forms Due

Friday 8th March Senior Interschool Sport CPPS v Grayling PS Away Game



Assembly in the MPC at 2.30pm Item by M12 & M13 All Welcome

Tuesday 19th March
School Photos
(Information closer to the date)



Friday 22nd March
Assembly in the MPC at 2.30pm
Item by M10 & M11
All Welcome

Thursday 28th March Last Day of Term 1 2.15pm Finish

CAMPS, SPORTS AND EXCURSIONS FUND

CSEF is an annual payment available to **eligible** families, to be used towards school Camps, Sports and Excursions. Notices have been sent home so eligible families can apply to receive \$150 per student. Please return all CSEF application forms by **Friday 1**st **March**. You will





also **need to provide a copy of your Healthcare card**, which can be emailed or completed at the office.

Make your learning great... Don't be late! Be on time to start learning by 9!



The number of late arrivals so far this week is **75!**

Oh no, this is far too many! Set an alarm to get to school on time.

RESILIENCE PROJECT.

<u>The Resilience Project</u> is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

This evidence-based teaching and learning program is integrated throughout our classrooms, staffroom and school community.

Teachers and students engage in weekly lessons and activities around the key principals of **Gratitude**, **Empathy**, **Mindfulness (GEM)** and **Emotional Literacy** to build resilience.



WHAT CAN BE DONE AT HOME?

To learn more about <u>The Resilience Project</u> and get involved from home, you can explore ideas, activities and resources which bring **Gratitude**, **Empathy and Mindfulness** (GEM) to life on **TRP@HOME**.

2024 CURRICULUM CONTRIBUTION (BOOKLIST)

Thank you to our wonderful families who have already paid the 2024 Curriculum Contribution for their children! We appreciate your prompt payment and your support.

Coral Park Primary School does not charge compulsory fees and relies on the generous contributions of families to be able to purchase resources to enhance our student curriculum and improve our great school.

We are asking families to make a contribution of \$100 per child.

Contributions can be made over the phone, using the payment form on the notice, to the office, or direct deposited into the school bank account.

School bank details are: Coral Park Primary School

BSB 063 250

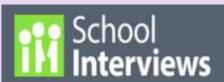
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Thank you to all the families who attended our "Getting to Know You Interviews" on Tuesday. It was great to see so many people take an active part in their child's schooling and then join in the fun of our activity evening at free sausage sizzle.





Students had a wonderful time at the school disco, which was held on Tuesday afternoon, when their teachers had "Getting to Know You Interviews"...





After the student disco, it was wonderful to see students and their families take part in sporting activities on the basketball courts, learn about what OSHClub has to offer and enjoy our free sausage sizzle!



















Learning in S16 - Seniors

In S16 we have had a great first month back at school for 2024. All S16 students are super excited to be the Seniors of the school and ensuring they set a great example for other Coral Park students to follow.

Here is what a few \$16 students had to say....

Hassan – "I've had a great start to the year at Coral Park. I am enjoying Auslan because at my previous school we did not learn sign language. I feel very happy that I have already made heaps of friends and I enjoy having fun with them and playing soccer."

Rhylee – "I'm really enjoying the start of this year. I have made a heap of friends. In the classroom I am loving writing and completing my narrative story. Science is so much fun too. Auslan also has new materials and resources which I had not seen before. We are also very grateful for the new bark in the playground as it is now much nicer on your feet when using the play equipment!"

Big welcome to Parisa who has joined \$16 this week and is settling in well at Coral Park!!







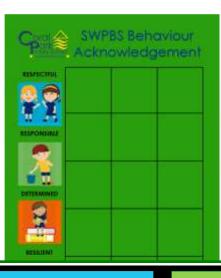




SCHOOL WIDE POSITIVE BEHAVIOUR SUPPORT

Congratulations to the following students who have demonstrated our school values and completed their reward charts...

Ali Gul	J1	Amelie	P9	Mufaiz J	1
Navid	J1	Laksh	P9	Manea M	110
Masam	J1	Ramsi	P9	Aria M12	
Kyani	J1	Sarai	P9		
Waris	P5	Rahat	P9		
Mudassir	P5	Aami	P9	Aaron J	1
Shaneer	P5	Ronnie	P9	Nadia J	1
Farid	P5	Mehran	M10	Henessy J	1
Ashwiny	P5	Calvin	M10	Mahdi J	1
Salaia	P5	Shafiyah	M10	Joshua J	7
Joseph	P8	Jett	M10	Milad M	111
Mellina	P8	Juarwarian	M10	Deven S	16
Mehreen	P8	Alyam	M12		







Respectful



Max

Farhan

Sumaya

We are quiet.
We leave work displays on the walls
We hold the door open for others.

TRANS Responsible

Ali H

Kinza

P8

P8

P8



We walk.
We stay together.
We walk our scooter or bike

TIONS Determined

M12

M12

Ve stay with our partner.
Ve look where



Resilient

We wait at the door for teacher directions.
We join at the back of the line.
We stay in our

place in the







Our SWPBS Captains Maryam and Indigo spoke to some students who completed their behaviour charts this week and asked them about filling their charts...

What colour chart did you choose?

Green Chart

Why did you choose this chart?

Because wanted to have lunch with my favourite teacher

name: Mehreen

class: P8

What are a few things that

*I helped my friends

*I didn't give up

uou did to earn the stickers?

What reward did you choose?

To have lunch with my favourite teacher

What colour chart did you choose?

Green Chart

Why did you choose this chart?

Because I like the colour green

name: Laksh

class: P9

What are a few things that you did to earn the stickers?

*nice to people

*stopped when I was meant to

*played with people nicely

*finished my work

What reward did you choose?

To have lunch with my favourite teacher



What colour chart did you choose?

Green Chart

Why did you choose this chart?

I like the colour green

name: Ramsi

class: P9

What are a few things that you did to earn the stickers?

I was responsible and picked up rubbish

What reward did you choose?

To be the teacher's assistant

MEND YO

What colour chart did you choose?

Green Chart

Why did you choose this chart?

So I could be the teacher's Talk it

assistant for a week

name: Sumaya

class: P8

What are a few things that you did to earn the stickers?

I was kind to everyone

What reward did you choose?

To be the teacher's assistant

Respectful



EARNING SPACES

Responsible



Determined

Resilient

We attempt all tasks.

We ask for help when needed We wait our

We share school property

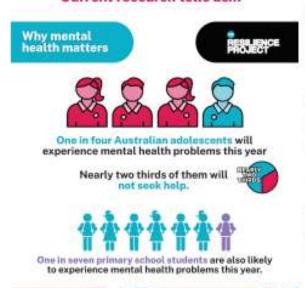


RESILIENCE PROJECT...

We are excited to be continuing our work with The Resilience Project this year. Teachers and students will continue to engage in weekly lessons and activities around the key principals of **Gratitude**, **Empathy**, **Mindfulness (GEM)** and **Emotional Literacy** to build resilience.

WHY?

Current research tells us...



ABOUT THE PROGRAM

The Resilience Project is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

We will be implementing their evidence-based **Teaching** and Learning Program throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude**, **Empathy**, **Mindfulness** (**GEM**) and **Emotional Literacy** to build resilience.

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The <u>University of Adelaide</u> and <u>The University of Melbourne</u>. Click the links or

scan the QR
code to find out
more about the
impact the
program has on
emotional
wellbeing and
behavioral
changes.



WHAT CAN BE DONE AT HOME?



To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring Gratitude, Empathy and Mindfulness (GEM) to life on TRP@HOME.

The Imperfects podcast, led by
Hugh van Cuylenburg, Ryan
Shelton and Josh van
Cuylenburg, is all about how
perfectly imperfect we all are.
Hugh, Josh and Ryan chat to a
variety of interesting people who



bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.







National Assessment Program – Literacy and Numeracy (NAPLAN) 2024

The National Assessment Program – Literacy and Numeracy (NAPLAN) tests are completed online, and the testing period will run over two weeks this term from 13th - 25th March 2024. These tests are common national tests undertaken by all students in Years 3, 5, 7 and 9. The Victorian Curriculum and Assessment Authority (VCAA) is responsible for NAPLAN across the state.

NAPLAN provides information to students, teachers, parent/carers and school communities about how students are performing against the national benchmarks for literacy and numeracy. The results provide a measure of how Australian schools and students are performing in the areas of reading, writing, spelling, language conventions and numeracy.

Specifically, information gained is used for:

- individual student reports to parents
- school reporting to their communities, and
- aggregate reporting against national standards.

It is also important to recognise that the National Assessment Program is not seen as the sole criterion for measuring student performance, but rather as a part of a broad range of measures used by teachers to evaluate and assess the learning and teaching process.

To assist in the administration of NAPLAN, parents/carers are asked to keep the 13th – 25th March free from interruptions to the normal school routine. Parents/carers could also assist their children by speaking positively about the tests with the view to avoid undue student anxiety.

Teachers will ensure students are familiar with the test formats and will provide appropriate support and guidance leading up to the test date. Over the next few weeks our Year 3 and 5 students will be given the opportunity to participate in NAPLAN practice testing. The purpose of these tests is to provide an opportunity for our students to familiarise themselves with the test layout, types of questions and test conditions.

If you would like to provide some extra online practice for your child, you can also access some practice tests at the following website: https://www.nap.edu.au/online-assessment/public-demonstration-site

If you have any questions or concerns about your child's participation in the upcoming NAPLAN tests, you are encouraged to make a time to speak with their teacher. Alternatively, you can contact the office to speak to the Assistant Principal Liz Wilson.









MOIRA Allied Health

MOIRA Allied Health has immediate availability!

We have <u>immediate Occupational Therapy</u> support available in the Bayside, South, South-East and Eastern Metro Melbourne areas. We also offer telehealth services nationally.

Our therapists are ready to provide services for NDIS participants, private referrals, and organisations.

To book now – please click the link below for our online referral form, and someone from our team will contact you to discuss your referral.







What we do

We are a free and confidential service that provides ongoing support by appointment. We offer telehealth (phone and video) services in addition to face to face counselling.



Youth Counselling

· Individual counselling for young people aged

Parent Support Sessions

· Adolescent parenting skills, strategies and mental health information

Parent Assisted Therapy

 Support for young people aged 10 - 12 with the participation of their parent or guardian

How to

For more information or to request a service: Call 9792 7279 to speak to an intake worker or Text 0417 347 909 with your name and number



Cranbourne East Primary School is proud to present a FREE community event.

Supporting Resilience in Children

A presentation from two of Australia's most highly regarded Children's Psychologists.

+ an opportunity for Q+A.



Dr Michael Carr-Gregg

As seen on the top-rated Morning Show on 3AW with Neil Mitchell



Dr Justin Coulson

As seen on Channel Nine's Parental Guidance



Thursday 7th March 2024 6.00pm-8:30pm

Location: Cranbourne Community Theatre **Brunt Street, Cranbourne 3977**

the link HERE for tickets

Join us from 5pm for coffee and an opportunity to meet our local wellbeing supports.

Please note this is an adult only event.

For more information please contact: David Muzyk or Jenni Kelly PH: 5990 0400

This event cannot be live streamed

Windermere*

supported by the Australian Government

CABETYVIC/GOV/AU

DADS MATTER GROUPS





Come and join one of our fun programs for fathers, grandfathers and their children.



Scan the QR code to find out more:







Women's Friendship Cafe



Ramlegh Family and Community Centre 80 Thoroughbred Drive, Clyde North

When: Every Wednesday during school term

Time: 9:30am - 12pm

ALL WELCOME!

All women, all ages, and children welcome The Women's Friendship Café is FREE and a great place to meet other women, share food and learn something new.

For more information contact us on 9709 9615 or email ocp@casey.vic.gov.au



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Monash Cancer unit fundraiser Car Show!

- · Sunday March 3rd, 4-7pm
- Pantry Fresh, 693 Clayton Rd Clayton
- · Cost: Gold coin donation (but we will take more!)



Woodfired

This is cause very close to the club's heart. In 2017, our club secretary Francis was diagnosed with late-stage cancer and if it wasn't for the wonderful diagnosis, surgeries, general services, care and treatments provided by Monash Health, he honestly believes he wouldn't be here today.

The aim of the day is to raise funds for the Chemotherapy "Ward 2" within Moorabbin Cancer Centre . We want to be able to gift them a chemo machine, which will help others hopefully beat this terrible disease. Will you help us reach this goal?

Fired Up Pizza will be there to provide not just some amazing pizzas, but he is also donating his proceeds to this cause. So bring the family, buy a pizza (or two), take a stroll among some beautiful cars and enjoy the day with your mates- old and new.

YOU MUST PRE-REGISTER- HERE







samwork, and rule-based skills.

Limited spaces available! Book now. oshclub.com.au



