NEWSLETTER Term 2 Issue 1, 27th April 2023

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#### **WELCOME**

Welcome back to school for Term 2. It's been a bit of an unusual start to the term with one day on and then ANZAC day. However, our students have settled back into school life well, and we are looking forward to all the fantastic learning that will occur this term.





#### **SENIOR CAMP**

Our seniors set off for camp yesterday and from the reports I have been given, they are having a fabulous time enjoying all that camp has to offer. It was fabulous to see so many excited faces as they assembled in the hall yesterday morning. I am sure they will return tomorrow with many fond memories and stories to tell. Check out our Facebook page and have a look at the photos in this newsletter to see what our campers have been up to.

#### **LONG SERVICE LEAVE**

As of the 8<sup>th</sup> May I will be taking some long service leave. I will be travelling overseas and enjoying some time with my family. During my time away Mel Couper will be taking the reins as the acting Principal and will be assisted by Liz Wilson our other Assistant Principal. I am sure you will give them the same support you have shown me over many years.

#### ATITUDES TO SCHOOL SURVEY

It's that time again where we ask our year 4, 5s, and 6s to take part in a survey that gives them student voice in how they view their school. This is a really important survey for us as a school as it gives us insight into how the students are feeling and how we can serve their needs better moving forward. If you have any questions about the survey please contact the school and we will be happy to discuss it in more detail with you. Please note that the results are anonymous and no individual student responses can be accessed by the school. If you do not want your child to participate, please contact the school to let us know. There is further information on page 7 of this newsletter.

#### THE RESILIENCE PROJECT

Towards the end of last term and the beginning of this term our staff have been hard at work learning all about The Resilience Project and how we are going to implement it within our school. It is a wonderful, uplifting program which



highlights the benefits of resilience. You now have the opportunity to learn more so you can support your children in this wonderful program. Use the QR code in this edition of the newsletter to find out more.

Enjoy Life! Justin Thompson Principal



## Diary Dates



#### **APRIL**

Wed 26<sup>th</sup> - Friday 28<sup>th</sup> April Senior School Camp Mill Valley Ranch



#### MAY

Thursday 4<sup>th</sup> May
District Cross Country
Casey Fields in Cranbourne
For selected students



**Tuesday 9<sup>th</sup> May** Scholastic Book Club Orders Due



Friday 12<sup>th</sup> May Mother's Day Stall



No Playgroup

Assembly in the MPC at 2.30pm Item by the Band - All Welcome

#### **DISTRICT CROSS COUNTRY**

Students who have qualified for District Cross Country will be travelling to Casey Fields Reserve in Cranbourne on Thursday 4th May. If your child has qualified to compete in this event please make sure they return their permission form tomorrow.



#### SCHOLASTIC BOOK CLUB

Book Club is a great way to increase your child's home library and encourage them to read at home. Orders can be made online or





forms with the correct money can be sent to school for processing. All Book Club orders need to be finalised by Tuesday 9th May.

#### **2023 PARENT CONTRIBUTIONS**

A big "thank you" to the generous families who have already paid their \$100 Parent Contribution. To make your Parent Contribution, please phone the school, visit the office or make a direct deposit into the school bank account, including your child's name as a reference.

School bank details are:

Coral Park Primary School BSB 063 250 Account Number 009 018 17

#### **LOST PROPERTY**

Our lost property cupboard is currently over flowing with un-named items. If your child is missing any of their school belongings, please come and have a look through our lost property cupboard. There are stacks of jumpers, some drink bottles, lunchboxes, jackets and even some tracksuit pants. Please make sure your child's belongings are named to they can easily be returned if they happen to be misplaced.



## RESILIENCE PROJECT.

<u>The Resilience Project</u> is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

We will be implementing their evidence-based Teaching and Learning Program throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principals of **Gratitude**, **Empathy**, **Mindfulness** (**GEM**) and **Emotional Literacy** to build resilience.





#### WHAT CAN BE DONE AT HOME?

To learn more about <u>The Resilience Project</u> and get involved from home, you can start exploring ideas, activities and resources which bring **Gratitude**, **Empathy and Mindfulness** (GEM) to life on **TRP@HOME**.



Our Year 5 and 6 students are having a great time at camp! We have received lots of photos of them enjoying all the fantastic activities and opportunities on offer at Mill Valley Ranch. It will be wonderful to hear all about it from them when they return tomorrow!







































































#### 2023 Student Attitudes to School Survey (Years 4-6)

All students in Years 4 - 6 are invited to participate in the 2023 Student Attitudes to School Survey (AtoSS).

#### About the survey

The AtoSS is an annual student survey offered by the Department of Education to gain an understanding of students' perceptions and experience of school. Students will be asked about their thoughts and feelings in relation to their school, their learning, peer and family relationships, resilience, bullying, mental health and wellbeing, physical activity, and life in general.

We value student voice as a means to improving student engagement, wellbeing and quality instruction and are conducting a survey to find out what your child thinks of school. This year, the AtoSS will be conducted from the 1<sup>st</sup> May.

#### What are the benefits?

In our experience, young people enjoy having their say. We have been running this survey for nearly 20 years and it has been invaluable in helping schools understand student views. We will use the survey results to plan programs and activities to improve your child's schooling experience.

#### What are the risks?

While we do not anticipate any risks of participation, some students may find some of the survey questions too personal and sensitive in nature. Students are free to skip questions or to withdraw at any stage if the survey makes them upset or uncomfortable.

The survey has been approved by a Human Research Ethics Committee. The questions are selected from validated survey instruments used in Australia and around the world, are strength-based, and tailored for each year level group.

#### What will my child be asked to do?

Your child will be invited to complete the survey **online during class time** using a purpose built secure online survey tool. It is important to note that we are not in any way "testing" your child. Please note:

Student participation in the survey is voluntary and students may withdraw at any time.

Students will be fully supervised and supported during their participation in the survey.

The survey will take around 20-45 minutes to complete.

#### How is my child's confidentiality protected?

Your child will be provided with a unique login to complete the survey from their teacher. The student login is an assigned identifier that may be used to link data for statistical and research purposes only. Personally identifiable data will not be recorded in the survey response file. This ensures that the confidentiality of your child's responses is protected at all times.

#### How will results be reported?

The survey results will be reported back to the school in an aggregate form throughout the survey period. All survey data that is made available in reports are for groups of students only so that no individual student can be identified. Data suppression rules are used for schools with low student numbers per year level.

The school may share the results of the survey with parents, in documents such as the School Annual Report.

#### **Options for participation**

Participation in this survey is **voluntary**. If you **do not** wish for your child to do the survey, please opt out by calling the school. Please do so before Monday 1<sup>st</sup> May stating that you wish to **opt out of your child's participation**.

If we do not receive a Refusal of Consent call from you by Monday 1<sup>st</sup> May, it means that you give your consent for your child to participate in the 2023 Attitudes to School Survey.

A copy of the survey that we are asking your child to complete is available from the school. Please contact the administration office if you would like to see the survey before making your decision about whether you would like your child to participate.

If you would like more information, please speak to your child's teacher, or contact the Department at <a href="mailto:school.surveys@education.vic.gov.au">school.surveys@education.vic.gov.au</a>

### SCHOOL WIDE POSITIVE BEHAVIOUR SUPPORT

Congratulations to the following students who have demonstrated our school values and

completed their reward charts...

Tanish P9

Ava P9

Zayneb P9

Jordan J1





Congratulations to the following students for earning classroom awards...

Arif S20 For working super hard this term in Reading groups. Super Effort!

Ariela M11 For working super hard this term in Reading groups. Great Work!

Lazar M10 For working super hard this term in Reading groups.

Keep up the great work!

Zikra M10 For working super hard this term in Reading groups. Super effort!

William M10 For working super hard this term in Reading groups.

Keep up the awesome work!

## MOTHER'S DAY STALL Friday 12th May

The school Parent Club has been busy organising lots of lovely goodies for the Mother's Day Stall, which will be held on Friday 12th May. Students will have the opportunity to visit the stall to buy a special gift to give their mum for Mother's Day. Items range from \$1 to \$10. Anyone who has a current Working With Children Check and is able to help can contact the school, as all assistance is greatly appreciated.



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#### DEALING WITH BIG FEELINGS

#### PARENTS BUILDING SOLUTIONS

#### FEELINGS CAN MAKE US VERY UNCOMFORTABLE!

- · Is your child anxious, angry, frustrated, jealous, or sad?
- . Do you, or your children, struggle to express feelings appropriately?
- Would you like to support your children to develop resilience and self-soothing
- · Would it be helpful to explore what other parents do to support their children?

Parenting is a tough job, but YOU ARE NOT ALONE Join us to explore positive parenting strategies to respond to your and your children's big feelings.

DATE: Tuesday, 9th May

TIME 6.45 p.m. - 8.15 p.m.

WHERE Online

Please note, this session will not

COST: FREE

For more information, contact:

Carey Cole - 0437 428 281 carey.cole@anglicarevic.org.au

Register using the QR code or this link:





#### POSITIVE PARENTING STRATEGIES

#### PARENTS BUILDING SOLUTIONS

JOIN US FOR OUR "HOW TO ... " PARENTING WORKSHOPS

Session One How to Run a Family Meeting:

- · Improve your relationship with your children
- · Communicate better as a family

anglicarevic org au

 Strategies to collaborate with your children on establishing and maintaining family rules and boundaries

Session Two: How to Respond to Tantrums · Difference between meltdowns and

- Helpful responses to your own, and your
- children's, big feelings

DATE Tuesday, 2nd May (Session One) Tuesday, 20th June (Session Two)

TIME: 12.15 p.m. - 1.30 p.m.

WHERE: Online (Zoom) - Please note: this session will not be recorded

COST: FREE

For more information, contact:

Carey Cole - 0437 428 281 corey cole@anglicarevic org au

Register once to attend one, or both, sessions

Use the OR code or this link: https://forms.office.com/s/sKzd9yFC7Q



PRONIA



#### PROACTIVE PARENTING PARENTS BUILDING SOLUTIONS

#### PARENTING IS ONE OF THE TOUGHEST JOBS YOU WILL EVER DO...WITHOUT ANY TRAINING!

Do you cometimes feel as if you treading water as a parent, and reacting, rather than being penactive? If so, would you like to:

- Improve your relationship with your children? · Improve communication in your family?
- Learn strategies for responding to hig feelings?
   Explore ways to establish healthy rules.

boundaries and consequences?

If you answer in "yes" to any of these questions, or you would like to join a group of parents exploring strategies to respond to other parenting challenges, this is the group for your

DATE

Mondays, 3rd May - 5th June (inclusive)

TIME:

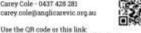
6.45 p.m. - 8.15 p.m.

WHERE: Online (Zoom) - Please note:

these sessions will not be recorded

COST FREE!

For more information, contact: Carey Cole - 0437 428 281



Use the QR code or this link: https://forms.office.com/r/TfXfwx264Z





#### Beyond the Violence- Frankston

A free, 8-week program for women and children who have been impacted by family violence.

· Are you dealing with the aftereffects of family violence?

Does your child's anger or anxiety worry you?

Can you identify the warning signs in a new relationship?

Do contact visits unsettle your child?

· Do you feel alone?

**PARENTZONE** 

DATES: Wednesdays, 3rd May - 21st June

TIME: 4.00 pm- 6.45 pm

WHERE: Provided upon

Free, Bookings are essential.

All enquiries contact - Carey Cole -

0437 428 281

carey.cole@anglicarevic.org.au



#### TERM 2 2023

# STICK2HOCKEY



#### JOIN US FOR OUR TERM 2 STICK2HOCKEY PROGRAM!

Stick2Hockey is designed for 5-12 year olds and focuses on developing the skills of hockey and applying these to game play.

When: Wednesdays 5.30-6.30pm (8 week program beginning 3rd May) Where: Casey Cannons Hockey Club

Contact name: Rachelle Smith Contact number: 0429 523 026

Contact email: playhockey@caseycannons.com.au



THE FIRST SESSION IS FREE!
CALL OR EMAIL FOR DETAILS.



#### WHAT'S THIS ALL ABOUT?

In Australia, only 18%\* of plastic packaging is recycled.

That's why we strated Wonder Benyeling Rewards - a furl and deep program for Annac schools to recycle bread bags that might extresse go to fandlid, and care rewards points to redoem as now sports equipment for their efform. All the solicited plasms will be used to create wonderful none thougs librarchool play equipment PLUS all registered echools are in the draw to WIN one of the searche checkles made from the recycled plastic we collect.

-1. COLLECT













Coral Park Primary is participating in the "Wonder Recycling Rewards for schools" to earn sports equipment.

Collect your **bread bags** (any brand) and put them in the recycling box in Breakfast Club.

The more we recycle, the more equipment we can earn!



## **REGISTER AND WIN!**

#### **Hampton Park Auskick Centre**

9.30am-11.00am, Saturdays, Cairns Road Reserve

The next <u>FIVE</u> people to sign up will receive a <u>FREE</u>

Melbourne Football Club pack.







Play.afl/auskick



· I2hrs, I0hrs, 6hrs and 4hrs

· Three-years and Four-years

old Kindergarten available

sessions available



#### **Art Therapy Group for Women** who have experienced family violence Thursday afternoons

#### Art Therapy Group

PARENTZONE

Family violence is a traumatic experience. Sometimes we simply do not have words to express ourselves. That's where Art Therapy comes in. Ange Morgan is an art therapist experienced in working with people who have experienced family violence. Ange works to foster exploration, curiosity and enjoyment in arts based processes No previous art experience needed, just you

For bookings & enquiries contact:

WHERE: The ParentZone Hub

CRCCardinus@wnglicarevic.org.au or 0407 B25 076: To register, click the link.

DATES: 4 May to 22 June 2023

130 p.m. to 3 p.m.

(refreshments provided)

75 Army Road Pakenham

(8 weeks)



Cartlinia Communific

anglicarevic.org.au



in your area. Enquire now on how you can help change a child's life.

