

## **CORAL PARK PRIMARY CANTEEN MENU**

## OPEN MONDAY AND THURSDAY

## ONLINE ORDERING IS NOW AVAILABLE AND OUR PREFERED ORDERING METHOD

HEARTY HOT FOOD			
Lasagne 97% fat free	\$5.80	$\odot\odot\odot$	
Macaroni Cheese 97% fat free	\$5.80	$\odot\odot\odot$	
Vegetarian Fried Rice 97% fat free	\$5.80	$\odot\odot\odot$	
Dim Sims Steamed	\$1.50	$\odot\odot\odot$	
Chicken crumbed tender	\$2.50	©©GF	
Hot Dog	\$4.20	$\odot \odot$	
Hot Noodles Beef or Chicken	\$3.50	$\odot \odot$	
Beef Cheese Burger, Lettuce and Sauce	\$6.00	$\odot\odot\odot$	
Chicken and Cheese Burger, Lettuce & May	\$6.00	$\odot\odot\odot$	
Gluten Free Hot Dog (no roll)	\$3.50	©©GF	
Chicken Breast Nugget - Bag of 3	\$4.00	$\odot \odot$	
Chicken Breast Nugget - Bag of 6	\$7.00	$\odot \odot$	
Corn Cobbette	\$1.50	000	
100% Vegetable Pastie	\$5.80	$\odot\odot$ V	
Lite N Up Beef Pie	\$5.80	$\odot \odot$	
Lite N Up Sausage Roll	\$5.20	$\odot \odot$	
Lite N Up Snack Party Pie	\$1.40	$\odot\odot$	

All pies heart foundation approved, low GI, reduced fat

TASTY JAFFLES		
Baked Bean and Cheese	\$4.50	©©© V
Spaghetti	\$4.00	©©© <b>V</b>
Cheese	\$4.00	©©© <b>V</b>
Ham and Cheese	\$5.00	000

You can now order online through QKR Download the App through the App store or Google Play



SPECIAL SNACKS		
Popcorn, Butter, Cheese or Slightly Sweet	\$1.80	©©GF
Chips Honey/Soy	\$1.80	$\odot \odot$
Choc Chip Cookies	\$2.80	$\odot \odot$
Gingerbread	\$2.00	<b>©</b> ©
Ovalteenies	\$1.30	$\odot \odot$
Homemade Mini Muffin	\$1.20	$\odot\odot$
Veggie Cup with Dip	\$2.20	©©©GF
Yoghurt Frogs (5 pack)	\$1.00	☺☺

<b>000</b>	Every Day Foods
©©	Select Carefully foods
V	Denotes Vegetarian
GF	Denotes Gluten Free.

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

SUPER SANDWICHES AN	ND SALADS	
	Sandwich	
Vegemite Cheese	\$2.40 \$2.60	©©© V ©©© V
Ham (97% fat free) Ham (97% fat free) and Salad	\$3.50 \$5.00	©© ©©
Ham & Cheese Roast Chicken	\$4.40 \$4.40	99 999
Roast Chicken & Salad Fresh Salad (lettuce,cucumber,tomato,carrot)	\$5.20 \$4.40	©©© ©©© <b>V</b>
Egg & Lettuce Rolls or Wraps extra	\$3.50 <b>\$0.80</b>	©©© V
***All sandwiches on wholem White bread available on rec		
FRESH MADE SALAD	BOXES	
Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$5.00 Reg	000GF
Add beetroot	\$0.50	
Add egg	\$1.00	
Add Chicken or Ham	\$1.20	

EX	TRAS	
Salad Dressing Tub	\$0.50	$\odot\odot$
Tomato Sauce	\$0.40	$\odot \odot$
LUNCH BAGS	\$0.30	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

DRINKS		
250ml Water	\$1.60	000 <b>G</b> F
600ml Water	\$3.00	<u>'</u>
250ml Milk (Reduced Fat) Chocolate, Strawberry	\$3.00	000 <b>G</b> F
100% Fruit Juice 250ml	\$3.00	ဗဗဗGF
Apple or Tropical		
Chill J Sparkling 100% Fruit Drink Grape, Watermelon, Raspberry, Lemonade	\$3.00	©©GF

FROZEN TREATS		
Frozen 100% Juice Tubes		©©©GF
Frozen Skim Milk Tubes (Choc or Blue)	\$2.50	©©© <b>GF</b>
Frozen Pineapple and Watermelon	\$0.60	ଅଅଅGF
Twisted Frozen Yoghurt Choc/Van or		
Mango/W'Melon/Strawberry	\$3.00	©©©GF
Streets Paddle Pop Rainbow	\$2.60	©©

PRICES SUBJECT TO CHANGE

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE CLEARLY MARK BAG

**EFFECTIVE JANUARY 2023**