A reminder to please check your child's hair for head lice to help stop the problem from becoming worse.

Calendar of Events

Friday 27th November
Assembly item—M14

Friday 4th December
Assembly item— S12

Friday 11th December
Assembly item—Year 6

Graduation Song

Last Day of the 2016 school year
2.30pm finish

Every Friday
Parent’s Coffee & Chat from 2.35pm in the SLC Café.

Breakfast Club is in the MPC each morning 8.45-8.55 for toast with Tony in case you didn’t find the time for breakfast.

Every weekend
A reminder to please check your child’s hair for head lice to help stop the problem from becoming worse.

BULLYING: Sadly the number of school children bullied every fortnight across Australia could fill the MCG. 27 per cent of young people report they are bullied every two weeks or more often, while cyberbullying happens to about one in ten young Australians every two weeks. Bullying is a serious issue for everyone in a school community. We know that it can happen anywhere, anytime, and can have devastating consequences. Any child can be bullied. If it is not reported to us, there is very little we can do. We need to encourage children to stand up and speak out to stop it occurring, then we can all work together to prevent and respond to bullying behaviour.

What is bullying?
Bullying is repeated verbal, physical, social or psychological aggressive behaviour by a person or group directed towards a less powerful person or group that is intended to cause harm, distress or fear.

Types of bullying behaviour
There are some specific types of bullying behaviour:

- **verbal or written abuse** - such as targeted name-calling or jokes, or displaying offensive posters
- **violence** - including threats of violence
- **sexual harassment** - unwelcome or unreciprocated conduct of a sexual nature, which could reasonably be expected to cause offence, humiliation or intimidation
- **homophobia** and other hostile behaviour towards students relating to gender and sexuality
- **discrimination including racial discrimination** - treating people differently because of their identity
- **cyberbullying** - either online or via mobile phone.

What is not bullying?
There are also some behaviours, which, although they might be unpleasant or distressing, are not bullying:

- **mutual conflict** - which involves a disagreement, but not an imbalance of power. Unresolved mutual conflict can develop into bullying if one of the parties targets the other repeatedly in retaliation.
- **single-episode acts** of nastiness or physical aggression, or aggression directed towards many different people, is not bullying
- **social rejection or dislike** is not bullying unless it involves deliberate and repeated attempts to cause distress, exclude or create dislike by others.

We all need to work together to encourage everyone to find a voice—not only their voice if it is happening to them but also for someone who can’t find their voice or the courage to tell others.

Ensure all incidents are reported and don’t let them fester or the problem may continue.

Never approach the other child—that in itself is bullying/intimidating behaviour and never tell your child to hit back, this doesn’t help solve the problem, in fact it can often make it worse.

We also need to build the resilience of all children. We all can develop resilience, and we can help our children develop it as well. It involves behaviours, thoughts and actions that can be learned over time. Teach your child how to make friends, including the skill of empathy, or feeling another’s pain. Encourage your child to be a friend in order to get friends. Build a strong family network to support your child through his or her inevitable disappointments and hurts. At school, encourage children to watch out for others to make sure that one child is not being isolated. Connecting with people provides social support and strengthens resilience.

Please make a time to discuss any issues with your child’s classroom teacher, our Welfare Officer Matt Brand, Bek Smithett the Assistant Principal or myself.

Regards, Gill Gray, Principal

LJ Hooker, proud sponsors of Coral Park and other local schools, are running a Christmas Colouring Competition.

The colouring competition will be split into two groups, one for preps to grade 3 and the other for kids in grade 4-6.

The prizes are $50.00 ‘Toys r Us’ vouchers for the winners.

All entries are due by the 18th of December. These can be left at the school office by Wednesday 16th December, otherwise they must be dropped of at the LJ Hooker office, next door to the Commonwealth Bank in Hampton Park by Friday 18th December. Winners will be announced on the 21st December. Colouring sheets can be collected from the school office. Only one entry per person.

CONGRATULATIONS
The winning house last week!
'Play it Safe by the Water' is a Victorian Government initiative that aims to increase community awareness of water safety and change Victorian's behaviour in and around water. Water Safety Week is the main feature of the campaign, running from Sunday 29 November - Sunday 6 December 2015. You can discover what you can do to make sure your children are safe around water with various community activities and events run throughout the campaign.

When you and your children are playing around water it’s important to make sure that both you and they:

- Are aware and prepared for conditions
- Read safety signs to understand dangers
- Swim between the red and yellow flags wherever possible
- Never swim alone
- Children should always be in sight, (including teenagers)

Together we can ensure that Victoria’s coastlines and pools are a safe and fun environment for all Victorians.


Physical Education in Term 4

This term has the seen the middle and senior students focus on the game of Softcrosse. This is the modified version of the adult game of Lacrosse. The students have been learning how to pass the ball to each other and how to make long throws. After students have developed and practiced their skills they play an indoor game to further develop their skills under defensive pressure.

The Junior students have started their Hot Shots tennis program and I have really enjoyed rallying with them during lessons. A big thank to Tennis Victoria for their continued sponsorship of our program with a grant of $3000 worth of tennis equipment along with a new T-shirt for all students. Tennis is a wonderful social sport and a game that all the family can play together during the warmer months.

Don’t forget there are courts to hire in Narre Warren South for a fun family game.

Regards, Bill Hains

Haiku Poems by Junior students

Haiku poems have a syllable pattern
Line 1 – 5 syllables,
Line 2 – 7 syllables, Line 3 – 5 syllables.
We counted the syllables in each line.

Winter by Juliana J4
Makes me cold and freeze
Shivering and slippery
It’s snowing today.

Sheep by Destiny J9
Fluffy, wooly, white
Eating grass all day and night
Giving wool to us.

Cows in the Farm by Jonathon J9
Mooing in the farm
Big and brown or black and white
Give us milk to drink.

DOGS by Kyana J4
Dogs go roof, roof, roof
Some dogs are annoying now
Dogs are big or small.

CATS by Naomi J1
They are scared of dogs
The girl said her name is Strip
Big, small black or white

FLOWERS by Chantelle J2
Red, pink and blue too
Really very pretty too
Swirling in the wind.

BULLS by Taunuu J2
Tough as a boulder
Bulls sound really loud sometimes
Bulls are really big!
Birthday Books

Thank you to Alice for donating a great new book to our library. We hope you had a very happy birthday.

What does your child have in their lunchbox today?

Many of our students come to school with a sandwich, fruit, crackers, biscuits, yoghurt, etc. Sadly, many of our students come to school with a lot of ‘junk food’ in their lunchboxes. Some have nothing but packets and packets of chips, crisps, biscuits, noodles, etc, etc.

Eating well is needed for your mental health just as much as your physical health. The brain requires nutrients just like the heart, lungs and muscles do.

The ability to concentrate and focus comes from the adequate, steady supply of energy—not sugar!

Please consider carefully what goes into your child’s lunchbox.

A number of parents regularly drop their children’s lunch at the office during school time. I am simply astounded in the amount of processed junk food that is in these, no sandwich, just junk! Therefore I insist that these children have a welfare sandwich of just bread and butter to ensure they are getting some simple carbohydrates and not just sugar, along with a piece of fruit.

Children cannot concentrate when full of sugar!

Every class has ‘fruit time’ every day—please make sure your child brings at least one piece of fruit to school each day to help with their brain function and boost their learning.
Parent Feedback Needed

We aim to please so would love more feedback on how we can improve. We often ask for feedback via the Coral News or our website, we have even prepared online surveys to try and get responses from parents as to how we can improve.

Now, our School Councillors & Parent Volunteer Group would like to give you more opportunity. Each Friday, Parent members will be in the SLC Café from 2.40pm, before assembly for you to meet and chat with. There will also be feedback forms that you may complete, if you don't wish to stop and chat, these can be placed in the red letterbox labelled Parent Feedback which is in the MPC. They can also be left in an envelope at the office.

Please, come and chat or drop us a note, we would love to hear your thoughts and help make Coral Park the best it can be.