Calendar of events 2014

Friday 2 May
Assembly item—M16

Wednesday 7 May
Interschool cross country
Guitar lessons with Jerome

Friday 9 May
Assembly item—J1 & J2
Mother’s Day stall
Mother’s Day afternoon tea
in the SLC Café 2.30 pm

Week 4 12-16 May
NAPLAN testing for all year 3 & 5 students
Junior swimming begins

Friday 16 May
Assembly item-S14

Tuesday 24 June
Will be a PUPIL FREE DAY
For Student Led Conferences

Mother’s Day is coming soon........

The Mother’s Day stall is on Friday 9 May
Gifts range from $1 to $5

Samples of gifts are on display at the front office.
Kids, have a peek and see what you might like to buy for mum to help make her day special.

Volunteers are needed to help out on the day. If you are available to assist please meet us in the MPC at 9.00am.

The Student Leaders invite all mums and grandmother’s to a special afternoon tea celebration in the MPC SLC CAFÉ on Friday 9th May 2.30-3.00pm.

LUNCH AND SNACK

Recess Break: children eat in the classroom from 10:45-11:00am, then they have outside time from 11:00-11:30am.

Lunch Break: children eat in the classroom from 1:30-1:45pm, then they have outside time from 1:45-2:30pm.

It is essential to ensure your child has had breakfast each day and that you supply them with a nourishing snack and lunch. Children become very hungry throughout the day and food is their fuel source for energy to the brain for effective learning. It is better to have too much rather than not enough. If your child forgets their snack or lunch they should tell their teacher and alternative arrangements will be made. Students are not permitted to exchange food items due to the possibility of allergies.

As part of the school’s focus of protecting and preserving the environment we strongly encourage parents to limit the amount of wrappings that come to school.

We encourage the use of lunch boxes, containers and reusable drink bottles. Please ensure they are all labelled with your child’s name. Glass containers and drink cans are not permitted at school. Unhealthy snack items are strongly discouraged.

Fast food items e.g., Mc Donalds are not permitted at school. Should these be brought to school at any time, students will be called to the office to eat them at the appropriate eating time, however, please DO NOT bring them to school.
NAPLAN Testing is in Week 4 for all Year 3 and Year 5 students

The National Assessment Program – Literacy and Numeracy (NAPLAN) 2014 for Years 3, 5, 7 and 9 students will be held on Tuesday 13 May, Wednesday 14 May and Thursday 15 May 2014. NAPLAN tests assess student knowledge and skills in Writing, Reading, Language Conventions (spelling, grammar and punctuation) and Numeracy. The results of the tests provide information for students, parents, teachers and principals which can be used to improve student achievement.

All students are expected to participate in the NAPLAN tests. Students who are absent need to sit the test once they return to school from illness. Sample tests were sent home in newsletters last term for you to see and discuss with your child.

Exemptions may be granted to students with significant intellectual disabilities and to students who have been learning English for less than one year. Support can be arranged for students with disabilities, if the student regularly uses similar support for classroom assessment tasks. If your child is eligible for support due to disability or an exemption, you should discuss this with his/her teacher prior to the tests. Parental consent is required before any support due to disability or exemption is granted.

Students may be withdrawn from NAPLAN by their parent or carer if they feel their child may not cope with test settings. This is a matter for consideration by parents and carers in consultation with the principal. If, after consultation, you decide to withdraw your child, you must sign a Student Withdrawal form. These forms are available at the school.

Later in the year you will receive your child's personal NAPLAN report. The report will describe your child's particular skills in Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy. The report will also show how your child performed in relation to national minimum standards. These describe the minimum acceptable standards for students across Australia. The information you receive as a result of your child's participation in the NAPLAN tests will be valuable in helping you to see your child's progress in literacy and numeracy.

For more information about the tests, please visit the VCAA website at www.vcaa.vic.edu.au or the NAP website at www.nap.edu.au. If you have any questions at all regarding NAPLAN testing, please see your child’s classroom teacher, Rebekah Smithett the assistant principal or myself. Regards, Gill Gray

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Five tips to keep on top

Winter is here along with the cold and flu season. The sun and warmer weather will soon disappear and you can find yourself wondering where that feeling of summer wellbeing went! Here are five things to keep in mind to keep looking after yourself, these tips are for both students and parents.

1. **Eat well.** When you are rushed for time, it’s tempting to skip breakfast or buy lunch. Eating a healthy breakfast is important to maintain energy during the day, and takeaway lunches can be unhealthy and expensive. Save minutes in the morning by preparing food the night before.

2. **Get plenty of sleep.** No more late nights and holiday sleep-ins! America’s National Sleep Foundation say that the amount of sleep you need varies according to your age and individual needs, but 7 hours, give or take an hour, suits most adults, children need a minimum of 8 hours sleep each night so please take those TVs out of bedrooms.

3. **Exercise your body and your mind.** The National Physical Activity Guidelines for Australians recommend adults get at least half an hour moderate-intensity physical activity most days. Be aware of your activity during the day and you’ll accumulate 30 minutes easily. Keep sharp by keeping your brain active. Watch a thought-provoking film, read a mystery novel or challenge yourself with puzzles and trivia questions. There are thousands of free web sites where you can train your brain.

4. **Stay in touch.** Think about the people you enjoy spending time with, especially those you haven’t seen in a while and send them a text or email. It’s nice to know you’ve been missed – make someone’s day by giving them a call!

5. **Make time for yourself.** When you reprioritise, make sure to schedule “me time”. Whether it’s ten minutes of reading before bed, a lazy bubble bath or an evening with a DVD, taking time to wind down and decompress will help you manage your stress and stay balanced.
Coral Park Primary School

Fun & Fitness
Every Morning 8.30am till 8.55am
in the MPC with Bill

Monday: Mixed indoor soccer
Tuesday: Table Tennis
Wednesday: Badminton
Thursday: Running Club on oval
Friday: Mixed indoor soccer.

2015 Prep Information Session
Come along and learn more about Coral Park Primary School
Wednesday 21st of May at 9:30am or 6:00pm

Have you enrolled your child in a school for 2015 yet?
Transition sessions begin in some schools in October so it is important for your child to know which school they are going to. They can begin to make friends, visit the school and feel comfortable about the next stage of their learning journey.

A tour is the best method to decide which school is right for your child.
Tours will be conducted every Wednesday Morning at 9am starting the 30th of April and we encourage you to bring your child with you. This provides the perfect opportunity for you and your child to see the real school in operation and for you to ask many questions as you walk through.
Please ensure your child is enrolled in a school by the end of August.

School Tours at Coral Park
Coral Park Primary School will be conducting tours:
Every Wednesday at 9am
Starting April 30th

Second hand school jumpers are available for $2. If your child needs a jumper you may send $2 to school with your child and we will assist them in purchasing one.
Would you like to read the newsletter online? You can subscribe to an environmentally friendly version of our school newsletter by following the links on our website www.coralparks.vic.edu.au

The right hand side of the home page under the heading newsletter is a ‘subscribe to Newsletter’ link. Just follow the online instructions and you will receive a weekly email with the school’s newsletter and links to the recently updated photo gallery and recent news.

CORAL PARK NEWSLETTER IS ONLINE!

Would you like to read the newsletter online? You can subscribe to an environmentally friendly version of our school newsletter by following the links on our website www.coralparks.vic.edu.au

The right hand side of the home page under the heading newsletter is a ‘subscribe to Newsletter’ link. Just follow the online instructions and you will receive a weekly email with the school’s newsletter and links to the recently updated photo gallery and recent news.

Before and After School Care

Come along and introduce yourself to Jess in the art room before and after school. Jess can inform you on the great activities she provides for our students at C.P.P.S.

To enrol your child into the Coral Park OSHC Program, complete an OSHC Registration Form which is located on the Camp Australia website - www.campaustralia.com.au/parents.aspx Once enrolled be ready to get involved in FUN, QUALITY and ENGAGING experiences in a SAFE and HAPPY ENVIRONMENT.

Session times:
Before Care- 6:30am-8:45am

Contact Us
Kids Club Direct: 9799 6182

English and Mathematics tutoring for grades 3 to 8
Grades 9 to 12 subjects available, on request
AusVELS aligned curriculum
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e-mail: info@enhanceacademics.com

TERM 2
HOMEWORK CLUB
Every Wednesday from 3.30pm to 4.15pm
in the Library with Linda & Tony.

FUN & FITNESS
Every Morning from 8.30am till 8.55am in the MPC